



HumanRACE
MAY 5TH, 2012

www.mendohumanrace.org

PARTICIPANT AND INFORMATION PACKET

COMMUNITY FUNDRAISING TOGETHER!

Fact Sheet

The Human Race is a nationwide community fundraising event for nonprofit organizations. The Mendocino County Race features a 5K run and walk through the neighborhoods of Downtown Ukiah. Nonprofit organizations and businesses recruit walkers, runners, and/or pledge-gatherers to raise funds. Participating nonprofit organizations receive 80% of monies collected and the Volunteer Network receives the remaining percentage for administration fees to coordinate and stage the event.

<u>Tiered Administration Fee Rate</u>	
Teams TOTAL Pledges Collected Equals:	
\$1 - \$3000	20% Administration Fee
\$3001 - \$5000	17% Administration Fee
\$5000 (+)	15% Administration Fee

*Get Ready,
Get Set,
GO!*

When

Saturday, May 5, 2012 - Rain or shine!

Registration: 7:30 am - 8:45 am

Run starts: 9:00 am

Walk starts: Immediately following the runners.

Where

Registration, start and finish lines are at:

Alex R. Thomas Plaza - 310 South State Street, Ukiah.

Run and Walk Route:

Through the neighborhoods of Ukiah to Todd Grove Park.

Who

Funds can be raised for any nonprofit organization, school or faith-based organization in Lake and/or Mendocino County.

The run and walk is open to all.

How

Each participating nonprofit organization must fill out a Human Race Entry Form (included in this packet) and register with the Volunteer Network. Human Race supplies such as posters, post cards and pledge sheets are available to you to pick up. Take advantage of the services and the Training Sessions offered to learn how to achieve your goals.

Why

The Human Race is a proven fundraiser that has been successful for Lake and Mendocino Counties nonprofits for 7 years and continues to grow. The Volunteer Network provides all marketing, publicity, materials, and experienced assistance. Nonprofits and businesses provide the people power. Together we make it a fun and easy fundraising event!

2012 Human Race Nonprofit Agency Entry Form

Please send this form to:
 The Volunteer Network of Lake and Mendocino Counties
 413 North State Street, Ukiah, Ca 95482
 (707) 467-3200 FAX (707) 462-0191 www.mendohumanrace.org



Check Agency Type:

(YOU **MUST** SUBMIT DOCUMENTATION VERIFYING AGENCY'S TAX-EXEMPT STATUS)

- 501c3
 Tax-Supported Entity(School/Government)
 Faith-Based Organization

This form MUST be turned in before February 29 for a chance to win \$50 for your nonprofit agency. All information must be completed to process your entry form.

Agency Name				Agency Tax ID#	
Program Name (if different from Agency Name)					
Agency's Mailing Address		Street/Suite	City	State	Zip
Agency's Physical Address (if different from Mailing address)		Street/Suite	City	State	Zip
Agency's Main Phone Number			Agency's Fax Number		
Website Address			Agency E-Mail Address		
Executive Director		Phone Number		E-Mail Address	
What does your Agency do?					

HUMAN RACE Team Leader / Coordinator Contact Information

Name		Day Time Phone Number	
E-Mail Address		Evening Phone Number	
2012 Fundraising Goal \$ _____		Are you new to Human Race? <input type="checkbox"/> Yes <input type="checkbox"/> No What year did you last participate in Human Race _____	

Volunteer Network Use Only

Date _____ Entered Into Computer _____ File Made _____ Agency Code _____

ADULT

2012 Human Race
WALK Registration Form
Saturday, May 5th, 2012

ADULT

LAST NAME: _____ FIRST: _____

ADDRESS: _____

CITY: _____ STATE: _____ ZIP: _____ PHONE: _____

Organization You Are Walking For: _____

X _____ DATE: _____

Fill out form **COMPLETELY**. **EACH** participant **MUST** sign waiver, at the bottom of this form.



**Redwood
Credit Union**

**RELEASE AND WAIVER OF LIABILITY
AND ASSUMPTION OF RISK AGREEMENT**

FOR GOOD AND VALUABLE CONSIDERATION, including permission to participate in 3k Walk/ 5k Run and related activities, I, for myself, my successor, heirs, assigns, executors, and administrators:

1. Agree that prior to participating I will inspect the facilities, equipment and areas to be used, and, if I believe any of them are unsafe, I will immediately advise the person supervising the event, activity, or area;
2. Acknowledge that I fully understand that my participation may involve risk of serious injury or death, including economic losses which may result not only from my own actions, inactions, or negligence, but also from the actions, inactions, or negligence of others, the condition of the facilities, equipment, or areas where the event or activity is being conducted, the rules of play, or this type of event or activity
3. Assume any and all risks of personal injuries to myself, including medical or hospital bills, permanent or partial disability, death and damage to my property, caused by or arising from my participation in this event or activity;
4. Covenant not to sue or present any claim for personal injury, property damage, or wrongful death against North Coast Opportunities Inc. and Alex R. Thomas Plaza/City of Ukiah, their officers, agents or employees, and agent attributable to my participation in the event or activity;
5. Release, waive, discharge and relinquish North Coast Opportunities Inc. and Alex R. Thomas Plaza/City of Ukiah, their officers, employees, and agents from any liability, loss, damage, claim, demand or cause of action against them arising from or attributable to my participation in the event or activity, whether same shall arise by their negligence or otherwise;
6. Agree that photographs, pictures, slides, movies, or videos of me may be taken in connection with my participation in this event or activity without compensation from Alex R. Thomas Plaza/City of Ukiah or North Coast Opportunities Inc. and consent to the use of these photographs, pictures, slides, movies, or videos for any legal purpose;
7. Warrant that I am in good health and have no physical condition that would prevent me from participating in this event or activity;
8. Acknowledge that Alex R. Thomas Plaza/City of Ukiah and North Coast Opportunities Inc. are not joint sponsors joint ventures, partners, or otherwise jointly engaged in the above-named event or activity.

THIS DOCUMENT RELIEVES NORTH COAST OPPORTUNITIES, INC. AND ALEX R. THOMAS PLAZA/CITY OF UKIAH AND OTHERS FROM LIABILITY FOR PERSONAL INJURY, WRONGFUL DEATH AND PROPERTY DAMAGE CAUSED BY NEGLIGENCE. I HAVE READ THIS DOCUMENT, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND SIGN VOLUNTARILY.

PRINTED NAME

SIGNATURE

DATE

CHILD

2012 Human Race
WALK Registration Form
Saturday, May 5th, 2012

CHILD

LAST NAME: _____ FIRST: _____

ADDRESS: _____

CITY: _____ STATE: _____ ZIP: _____ PHONE: _____

Organization You Are Walking For: _____

X _____ DATE: _____

EACH participant MUST have parents sign the waiver below.



**Redwood
Credit Union**

**PARENTAL CONSENT RELEASE AND WAIVER OF
LIABILITY AND ASSUMPTION OF RISK AGREEMENT**

FOR GOOD AND VALUABLE CONSIDERATION, including permission for _____ **(the minor)** to participate in 3k Walk and related activities, I, the parent/guardian of the minor for myself and on behalf of the minor:

1. Consent to the minor's participating in the event or activity; and agree that prior to the minor's participating in the event or activity the minor and I will inspect the facilities, equipment and areas to be used, and, if I believe any of them are unsafe, I will immediately advise the person supervising the event, activity, or area;
2. Acknowledge that the minor and I fully understand that my participation may involve risk of serious injury or death, including economic losses which may result not only from my own actions, inactions, or negligence, but also from the actions, inactions, or negligence of others, the condition of the facilities, equipment, or areas where the event or activity is being conducted, the rules of play, or this type of event or activity
3. Release, waive, discharge and relinquish North Coast Opportunities Inc. and Alex R. Thomas Plaza/City of Ukiah their officers, employees, and agents from any liability, loss, damage, claim, demand or cause of action against them arising from or attributable to the minor's participation in the event or activity, whether same shall arise by their negligence or otherwise;
4. Assume any and all risks of personal injuries to the minor and authorize Alex R. Thomas Plaza/City of Ukiah and North Coast Opportunities Inc. contact or employ a licensed physician to render any medical treatment that may be deemed necessary of the minor or to take and admit the minor to any hospital. If such medical treatment or hospitalization is required, I agree to pay all medical or hospital bills, permanent or partial disability, death and damage to my property, caused by or arising from my participation in this event or activity;
5. Covenant not to sue or present any claim for personal injury, property damage, or wrongful death against North Coast Opportunities Inc. and Alex R. Thomas Plaza/City of Ukiah their officers, agents or employees, and agent attributable to the minor's participation in the event or activity;
6. Agree that photographs, pictures, slides, movies, or videos of the minor may be taken in connection with their participation in this event or activity without compensation from Alex R. Thomas Plaza/City of Ukiah or North Coast Opportunities Inc. and consent to the use of these photographs, pictures, slides, movies, or videos for any legal purpose;
7. Warrant that the minor is in good health and has no physical condition that would prevent them from participating in this event or activity; Acknowledge that Alex R. Thomas Plaza/City of Ukiah and North Coast Opportunities Inc. are not joint sponsors, joint ventures, partners, or otherwise jointly engaged in the above-named event or activity.

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*PARENT/GUARDIAN: I HAVE READ THIS DOCUMENT, UNDERSTAND THAT I WILL GIVE UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND SIGN VOLUNTARILY.

PRINT NAME

SIGNATURE

DATE

*PARTICIPANT/MINOR: I HAVE READ THIS DOCUMENT SIGNED BY MY PARENT OR GUARDIAN AND JOIN THE WAIVER, RELEASE AND ASSUMPTION OF RISK. I AM AWARE OF THE RISKS INVOLVED IN MY PARTICIPATION IN THE EVENT OR ACTIVITY.

PRINT NAME

SIGNATURE

DATE

ADULT

**The Human Race of Mendocino County
RELEASE AND WAIVER OF LIABILITY
AND ASSUMPTION OF RISK AGREEMENT
Saturday, May 5, 2012**

ADULT

EACH PARTICIPANT MUST SIGN WAIVER BELOW!

**RELEASE AND WAIVER OF LIABILITY
AND ASSUMPTION OF RISK AGREEMENT**

FOR GOOD AND VALUABLE CONSIDERATION, including permission to participate in 5k Run/Walk and related activities, I, for myself, my successor, heirs, assigns, executors, and administrators:

1. Agree that prior to participating I will inspect the facilities, equipment and areas to be used, and, if I believe any of them are unsafe, I will immediately advise the person supervising the event, activity, or area;
2. Acknowledge that I fully understand that my participation may involve risk of serious injury or death, including economic losses which may result not only from my own actions, inactions, or negligence, but also from the actions, inactions, or negligence of others, the condition of the facilities, equipment, or areas where the event or activity is being conducted, the rules of play, or this type of event or activity
3. Assume any and all risks of personal injuries to myself, including medical or hospital bills, permanent or partial disability, death and damage to my property, caused by or arising from my participation in this event or activity;
4. Covenant not to sue or present any claim for personal injury, property damage, or wrongful death against North Coast Opportunities Inc. and Alex R. Thomas Plaza/City of Ukiah, their officers, agents or employees, and agent attributable to my participation in the event or activity;
5. Release, waive, discharge and relinquish North Coast Opportunities Inc. and Alex R. Thomas Plaza/City of Ukiah, their officers, employees, and agents from any liability, loss, damage, claim, demand or cause of action against them arising from or attributable to my participation in the event or activity, whether same shall arise by their negligence or otherwise;
6. Agree that photographs, pictures, slides, movies, or videos of me may be taken in connection with my participation in this event or activity without compensation from Alex R. Thomas Plaza/City of Ukiah or North Coast Opportunities Inc. and consent to the use of these photographs, pictures, slides, movies, or videos for any legal purpose;
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PRINTED NAME

SIGNATURE

DATE

EACH PARTICIPANT MUST SIGN WAIVER BELOW!

FOR GOOD AND VALUABLE CONSIDERATION, including permission for _____ **(the minor)** to participate in Run/Walk and related activities, I, the parent/guardian of the minor for myself and on behalf of the minor:

1. Consent to the minor’s participating in the event or activity; and agree that prior to the minor’s participating in the event or activity the minor and I will inspect the facilities, equipment and areas to be used, and, if I believe any of them are unsafe, I will immediately advise the person supervising the event, activity, or area;
2. Acknowledge that the minor and I fully understand that my participation may involve risk of serious injury or death, including economic losses which may result not only from my own actions, inactions, or negligence, but also from the actions, inactions, or negligence of others, the condition of the facilities, equipment, or areas where the event or activity is being conducted, the rules of play, or this type of event or activity
3. Release, waive, discharge and relinquish North Coast Opportunities Inc. and Alex R. Thomas Plaza/City of Ukiah their officers, employees, and agents from any liability, loss, damage, claim, demand or cause of action against them arising from or attributable to the minor’s participation in the event or activity, whether same shall arise by their negligence or otherwise;
4. Assume any and all risks of personal injuries to the minor and authorize Alex R. Thomas Plaza/City of Ukiah and North Coast Opportunities Inc. contact or employ a licensed physician to render any medical treatment that may be deemed necessary of the minor or to take and admit the minor to any hospital. If such medical treatment or hospitalization is required, I agree to pay all medical or hospital bills, permanent or partial disability, death and damage to my property, caused by or arising from my participation in this event or activity;
5. Covenant not to sue or present any claim for personal injury, property damage, or wrongful death against North Coast Opportunities Inc. and Alex R. Thomas Plaza/City of Ukiah their officers, agents or employees, and agent attributable to the minor’s participation in the event or activity;
6. Agree that photographs, pictures, slides, movies, or videos of the minor may be taken in connection with their participation in this event or activity without compensation from Alex R. Thomas Plaza/City of Ukiah or North Coast Opportunities Inc. and consent to the use of these photographs, pictures, slides, movies, or videos for any legal purpose;
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BOTH PARENTS MUST SIGN UNLESS ONLY ONE PARENT IS LIVING OR UNLESS ONLY ONE HAS LEGAL CUSTODY. LEGALLY APPOINTED GUARDIANS MUST SIGN AND FURNISH A CERTIFIED COPY OF LETTERS OF GUARDIANSHIP.

I HAVE READ THIS DOCUMENT, UNDERSTAND THAT I WILL GIVE UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND SIGN VOLUNTARILY.

**PRINTED NAMES
(PARENT/GUARDIAN)**

SIGNATURES

DATE

I HAVE READ THIS DOCUMENT SIGNED BY MY PARENT OR GUARDIAN AND JOIN THE WAIVER, RELEASE AND ASSUMPTION OF RISK. I AM AWARE OF THE RISKS INVOLVED IN MY PARTICIPATION IN THE EVENT OR ACTIVITY.

PRINTED NAME

SIGNATURE

DATE

2012 Human Race Marketplace Sign-Up Form

NEW for 2012

Nonprofits have till April 20th to turn in form. After April 20th a \$35 fee will apply

Businesses can Sign-Up to purchase a Marketplace Booth, after April 26th for \$50

There will be a \$25 fee for those participating in the Human Race

Human Race Sponsor
 Nonprofit 501© (3)

Health Related Business
 Other Business

Business Give A ways:

Organization/Business: _____

Address: _____

City, State, Zip: _____

Contact Name: _____ Phone: _____ - _____ Fax: _____ - _____

Email Address: _____

NOTE: The Marketplace is not a commercial venue and nothing may be sold. Participating businesses should emphasize service to the community either in conjunction with an agency that the business has supported through the Human Race, or by giving away "freebies" to the public.

YES! We want to reserve a (10x10) space on the grass of ALEX R. THOMAS PLAZA for our booth at the Human Race Marketplace on May 5, 2012. We understand the guidelines listed below. **Please note that you must provide your own tables, chairs, tents/canopy and clean up your space, PACK IT IN, PACK IT OUT!**

GUIDELINES:

Please understand that you must set up your booth on Saturday morning, May 5th, 2012 between 8:00 am & 9:00 am. The space will be available on a first-come, first-serve basis. Marketplace exhibitors should be open for business by 9:00 am and may expect to be cleaned & cleared around 12:00 pm. leaving the grassy area CLEAN.

Please return this completed form to "Human Race"
Volunteer Network of Lake and Mendocino County
413 North State Street, Ukiah, CA 95482
or via Fax: (707) 462-0191 www.mendohumanrace.org

MARK YOUR CALENDAR! IMPORTANT DATES!



February 2012

Wednesday, February 29, 2012

413 N. State Street, Ukiah

5:30pm - 7:00pm

*** Kick-Off Event***

April 2012

Thursday, April 26, 2012

- Marketplace Reservations Due
- Runner Pre-Registration Forms Due

May 2012

Wednesday, May 2, 2012

413 N. State Street, Ukiah

3:00pm - 6:00pm

*** Bank Night ***

Saturday, May 5, 2012

MENDOCINO COUNTY HUMAN RACE

Alex R. Thomas Plaza, at 310 S. State Street, Ukiah

Thursday, May 17, 2012

413 N. State Street, Ukiah

3:00pm - 6:00pm

*** FINAL Bank Night ***

Fun & Games

TONS OF PRIZES!!

You won't want to miss the awards ceremony...
Immediately following the Race!



Centipede Contest:

Most Spirited Centipede
Fastest Centipede
Centipede with the Most Legs

Costume Contest:

Most Creative Adult Group
Most Creative Children's Group

T-Shirt:

Best Message
Best Use of a Theme

Individual:

Most Creative Adult
Most Creative Child

Team:

Top Team Pledge Getter



JOIN THE FUN!

Bring the family!